



# TUCKSHOP MENU

# 2023

ROCHEDALE SOUTH STATE SCHOOL  
PARENTS AND CITIZENS ASSOCIATION

Flexischools Online ordering  
[www.flexischools.com.au](http://www.flexischools.com.au)  
Our menu is compliant with Qld  
Government Smart Choices

## BIRTHDAY PACKS - Available Tuesday - Friday.

Birthday Cup Cakes, or Zooper Doopers for the Class.  
48 Hours Notice minimum including payment required.  
Cup Cakes with Icing \$1.00 each. Zooper Doopers \$0.40 each.



## Tuckshop Hours

Tuesday - Friday 8.30am - 2.30pm

Ph 3340 0777 Ext 2

[pandc@rochedalesouthss.q.u.edu.au](mailto:pandc@rochedalesouthss.q.u.edu.au)

### HOT FOOD

CHICKEN TENDER WRAP	\$5.50
Lettuce & Mayo or Sweet Chill & Mayo	
GARLIC BREAD (4 Slices)	\$2.50
NOODLES (Chicken or Beef)	\$3.20
GIANT SAUSAGE ROLL	\$3.50
PARTY PIES x2 with sauce	\$1.50
CORN JACK	\$3.00
PIZZA WRAP	\$4.50
Bbq Chicken or Meat & Cheese	
CHICKEN SLIDER	1 For \$3.00
Lettuce & Mayo or Sweet Chill & Mayo	2 For \$5.00

### EVERYDAY MEAL DEALS

PIZZA DEAL	\$8.50
Pizza (Cheese or Bacon & Cheese or Ham & Pineapple) #	
+ Garlic Bread	
+ Popper or Water*	
HOT DOG DEAL	\$8.00
Hotdog	
+ (Apple Slices or Popcorn or Muffin #)	
+ Popper or Water*	
Add Cheese	+ 50 Cents
BURGER DEAL	\$8.50
Chicken with Lettuce & Mayo or Salad or Hamburger with Salad or Cheeseburger, or Veg Burger with lettuce & Mayo or Salad	
+ (Apple Slices or Popcorn or Muffin #)	
+ Popper or Water*	

### SANDWICHES / WRAPS / ROLLS \*\*

VEGEMITE or JAM	\$2.00
HAM	\$3.50
HAM & CHEESE	\$4.00
HAM, CHEESE, TOMATO	\$4.50
CHICKEN	\$3.50
CHICKEN & CHEESE	\$4.00
CHICKEN, CHEESE, TOMATO	\$4.50
CHICKEN & SALAD	\$5.50
HAM & SALAD	\$5.50
CHEESE	\$2.50
CHEESE & TOMATO	\$3.00
EGG & LETTUCE	\$4.00
SALAD ONLY	\$4.50

### MINI SNACK DEAL

MUFFIN, or 2 PIKELETS #	\$4.00
+ FROZEN YOGHURT STICK	
+ Popper or Water*	

### SNACK PACKS

LARGE SNACK PACK	\$6.00
CHICKEN NUGGETS x6 or TRAVELLER PIE or 2 x BEEF CROQUETTES	
+ Popper or Water*	
BENTO BOX	\$6.50
Choice of Sandwich or Wrap	
Ham or Cheese or Vegemite or Jam + Muffin #	
+ seasonal fruit and veg.	
+ small bag Popcorn	

### SNACKS

POPCORN	\$0.50
BISCUIT (CHOC CHIP)	\$0.50
GINGER BREAD STUDENT	\$2.00
BOILED EGG	\$1.00
CHEESE STICK	\$1.20
2 PIKELETS (Butter or Jam) #	\$1.20
MUFFIN #	\$1.00
BANANA BREAD	\$3.00
CHEESE & CRACKERS	\$2.50
SEASONAL FRUIT PIECE	\$1.20
FRUIT CUP	\$2.50
Strawberries / Watermelon	
FRUIT SALAD TUB	\$5.00
KIDS SURVIVAL PACK	\$4.00
Popcorn + Sultanas + Muffin #	
+ 2 Crackers & 2 Cheese	
RED ROCK CHIPS	\$2.00
Sea Salt or Honey Soy	
CHOCOLATE MOUSSE	\$1.20
97% fat free	

### # Food prepared on site.

* Swap Popper or Water for Flavoured Milk. + 50 cents
** Toasted + 20 cents
Sauces, Tomato, BBQ + 30 cents
Bags + 10 cents

### HEALTHY SALAD TUB

Lettuce, Tomato, Pineapple,	S - \$5.00
Carrot, Cucumber & Beetroot	L - \$7.00
Add Egg or Cheese	\$0.50 EACH
Add Ham or Chicken	\$1.00 EACH

### DRINKS

WATER	\$1.50
POPPERS, Apple or Golden Pash or Tropical or Sunshine Punch	\$2.00
FLAVOURED MILK 300ML	\$2.50
Chocolate or Strawberry	

### FROZEN TREATS

AVAILABLE ONLY AT PLAY TIME	
WOBBLI STIX	\$0.30
ZOOOPER DOOPER/WATER ICE	\$0.50
ICE CREAMS, Chocolate or Rainbow or Raspberry Split	\$1.20
FROZEN YOGHURT (Bulla) Strawberry or Mango	\$3.00
FROZEN YOGHURT (Twisted) Watermelon/Mango or Chocolate/Vanilla	\$2.80
VANILLA ICE CREAM CUP (Bulla)	\$2.00